

SMES PTF LUNCH PROGRAM FORM — Fall 2006

Student _____
 Teacher/Advisor _____ Grade _____

Return Order by Monday, August 21, 2006
This order is for the time period:
September 11, 2006 — January 24, 2007

Meal price averages \$4 to \$5 per day and includes one (1) entree, one (1) drink, and (1) dessert. Circle drink and entree selection per day. Sides may be added only with entree purchase by circling choice and adding in side price to total per day. *Asterisked Items are vegetarian selection. If two entrees are selected, student will receive one drink and one dessert unless otherwise requested. See reverse for menu information.

QUESTIONS? CALL LUNCH HOTLINE: 661-4804 EXT. 288

M O N D A Y	GRADES 1-8 ONLY Dessert: Double Fudge Cookie Circle One Drink: 1% Milk 1 % Chocolate Milk Apple Juice Hansen's Kiwi Strawberry Bottled Water	<i>Featuring Tannins, Wendy's Donuts</i> Circle Entree Selection(s): Chicken Tenders (2 pieces) Penne Pasta Chef Salad Caesar Salad Circle Side Selection: Veggies/Dip \$24 Fruit Cup \$24	<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">1st Entree</th> <th style="text-align: left;">Add'l Entrees</th> <th colspan="2"></th> </tr> </thead> <tbody> <tr> <td>\$67</td> <td>\$34</td> <td></td> <td></td> </tr> <tr> <td>\$70</td> <td>\$38</td> <td></td> <td></td> </tr> <tr> <td>\$89</td> <td>\$56</td> <td></td> <td></td> </tr> <tr> <td>\$82</td> <td>\$49</td> <td></td> <td>\$ _____</td> </tr> <tr> <td colspan="2"></td> <td colspan="2" style="text-align: right;">For extra drink - add \$6</td> </tr> <tr> <td colspan="2"></td> <td colspan="2" style="text-align: right;">\$ _____</td> </tr> </tbody> </table>	1st Entree	Add'l Entrees			\$67	\$34			\$70	\$38			\$89	\$56			\$82	\$49		\$ _____			For extra drink - add \$6				\$ _____				
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UPPER SCHOOL ONLY (Grades 9-12) Includes burger, chips, and choice of soda or water	<i>Featuring In-N-Out Burgers</i> Circle Entree Selection(s): Hamburger Cheeseburger	<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">1st Entree</th> <th style="text-align: left;">Add'l Entrees</th> <th colspan="2"></th> </tr> </thead> <tbody> <tr> <td>\$92</td> <td>\$47</td> <td></td> <td></td> </tr> <tr> <td>\$96</td> <td>\$51</td> <td style="text-align: right;">Total</td> <td>\$ _____</td> </tr> </tbody> </table>	1st Entree	Add'l Entrees			\$92	\$47			\$96	\$51	Total	\$ _____																				
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T U E S D A Y	Dessert: Rice Krispy Bar Circle One Drink: 1% Milk 1% Chocolate Milk Apple Juice Hansen's Kiwi Strawberry Bottled Water	<i>Featuring Quizno's, Wendy's Donuts</i> Circle Entree Selection(s): 5 ½" Italian Sub / check one: ___wheat bread ___white bread 5 ½" Turkey Sub / check one ___wheat bread ___white bread Steakhouse Beef Dip Garden Salad Circle Side Selection: Veggies/Dip \$24 Fruit Cup \$24	<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">1st Entree</th> <th style="text-align: left;">Add'l Entrees</th> <th colspan="2"></th> </tr> </thead> <tbody> <tr> <td>\$89</td> <td>\$51</td> <td></td> <td></td> </tr> <tr> <td>\$89</td> <td>\$51</td> <td></td> <td></td> </tr> <tr> <td>\$93</td> <td>\$56</td> <td></td> <td></td> </tr> <tr> <td>\$89</td> <td>\$51</td> <td></td> <td>\$ _____</td> </tr> <tr> <td colspan="2"></td> <td colspan="2" style="text-align: right;">For extra drink - add \$6</td> </tr> <tr> <td colspan="2"></td> <td colspan="2" style="text-align: right;">\$ _____</td> </tr> </tbody> </table>	1st Entree	Add'l Entrees			\$89	\$51			\$89	\$51			\$93	\$56			\$89	\$51		\$ _____			For extra drink - add \$6				\$ _____				
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Dessert: Brownie Circle One Drink: 1% Milk 1% Chocolate Milk Apple Juice Hansen's Kiwi Strawberry Bottled Water	<i>Featuring Baja Fresh</i> Circle Entree Selection(s): Baja Burrito Chicken Taquitos (2 pieces) Chicken Soft Taco / check one: ___cheese ___no cheese Pinto Bean & Cheese Burrito Cheese Quesadilla Chicken Salad Circle Side Selection: Veggies/Dip \$23 Fruit Cup \$24	<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">1st Entree</th> <th style="text-align: left;">Add'l Entrees</th> <th colspan="2"></th> </tr> </thead> <tbody> <tr> <td>\$87</td> <td>\$49</td> <td></td> <td></td> </tr> <tr> <td>\$82</td> <td>\$44</td> <td></td> <td></td> </tr> <tr> <td>\$82</td> <td>\$44</td> <td></td> <td></td> </tr> <tr> <td>\$82</td> <td>\$44</td> <td></td> <td></td> </tr> <tr> <td>\$82</td> <td>\$44</td> <td></td> <td>\$ _____</td> </tr> <tr> <td colspan="2"></td> <td colspan="2" style="text-align: right;">For extra drink - add \$6</td> </tr> <tr> <td colspan="2"></td> <td colspan="2" style="text-align: right;">\$ _____</td> </tr> </tbody> </table>	1st Entree	Add'l Entrees			\$87	\$49			\$82	\$44			\$82	\$44			\$82	\$44			\$82	\$44		\$ _____			For extra drink - add \$6				\$ _____	
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W E D N E S D A Y	Dessert: Snickerdoodle Cookie Circle One Drink: 1% Milk 1% Chocolate Milk Apple Juice Hansen's Kiwi Strawberry Bottled Water	<i>Featuring Pick up Stix, I Love Bagels</i> Circle Entree Selection(s): Chicken Rice Bowl Tofu Rice Bowl Plain Bagel/Cream Cheese & Fruit Cup Chinese Chicken Salad Circle Side Selection: Veggies/Dip \$23 Fruit Cup \$24	<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">1st Entree</th> <th style="text-align: left;">Add'l Entrees</th> <th colspan="2"></th> </tr> </thead> <tbody> <tr> <td>\$83</td> <td>\$46</td> <td></td> <td></td> </tr> <tr> <td>\$83</td> <td>\$56</td> <td></td> <td></td> </tr> <tr> <td>\$84</td> <td>\$47</td> <td></td> <td></td> </tr> <tr> <td>\$84</td> <td>\$47</td> <td></td> <td>\$ _____</td> </tr> <tr> <td colspan="2"></td> <td colspan="2" style="text-align: right;">For extra drink - add \$6</td> </tr> <tr> <td colspan="2"></td> <td colspan="2" style="text-align: right;">\$ _____</td> </tr> </tbody> </table>	1st Entree	Add'l Entrees			\$83	\$46			\$83	\$56			\$84	\$47			\$84	\$47		\$ _____			For extra drink - add \$6				\$ _____				
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Dessert: Chocolate Chip Cookie Circle One Drink: 1% Milk 1% Chocolate Milk Apple Juice Hansen's Kiwi Strawberry Bottled Water	<i>Featuring Ballpark Pizza, Tannins</i> Circle Entree Selection(s): Cheese Pizza Slice Pepperoni Pizza Slice Chicken Ciabatta Sandwich Chicken Caesar Wrap Garden Salad Circle Side Selection: Veggies/Dip \$23 Fruit Cup \$24	<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">1st Entree</th> <th style="text-align: left;">Add'l Entrees</th> <th colspan="2"></th> </tr> </thead> <tbody> <tr> <td>\$45</td> <td>\$14</td> <td></td> <td></td> </tr> <tr> <td>\$45</td> <td>\$14</td> <td></td> <td></td> </tr> <tr> <td>\$72</td> <td>\$41</td> <td></td> <td></td> </tr> <tr> <td>\$67</td> <td>\$36</td> <td></td> <td>\$ _____</td> </tr> <tr> <td>\$73</td> <td>\$41</td> <td></td> <td></td> </tr> <tr> <td colspan="2"></td> <td colspan="2" style="text-align: right;">For extra drink - add \$6</td> </tr> <tr> <td colspan="2"></td> <td colspan="2" style="text-align: right;">\$ _____</td> </tr> </tbody> </table>	1st Entree	Add'l Entrees			\$45	\$14			\$45	\$14			\$72	\$41			\$67	\$36		\$ _____	\$73	\$41					For extra drink - add \$6				\$ _____	
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We need your help!
 Please come help serve
 lunch one day per week.

I CAN VOLUNTEER TO SERVE LUNCH ON:
 M _____ T _____ W _____ T _____ F _____

TOTAL DUE \$ _____
 Make check payable to
 SMES/PTF and mail in enclosed
 self-addressed envelope.

I have reviewed the Lunch Program and I authorize my child to receive the lunches ordered.

Parent _____ Phone _____

Mark your calendar! No Hot Lunch on these dates:
OCTOBER 27, DECEMBER 5 & 15

Please keep yellow copy
 and return white copy by
August 21, 2006
 with your check.

**Mark your calendar! No Hot Lunch on these dates:
OCTOBER 27, DECEMBER 5 & 15**

LAST DATE FOR HOT LUNCH IS January 24, 2007

Change Order Policy:

Parents may change an order by calling the Hot Lunch number (661-4804, ext. 288) on the following dates:

If you call week of: October 16 - change will be effective: October 23

If you call week of: November 27 - change will be effective: December 4

Please be aware that St. Margaret's Episcopal School/PTF does not prepare the food served to students. Considerable research with extreme diligence was put forth to select the finest available vendors who could best serve our needs. We set forth standards and guidelines for our vendors and fully expect them to be followed. However, if your student has intolerance to or sensitivities for any food products, please contact the Lunch Hot Line at 661-4804 ext. 288 to discuss or review ingredient lists.

St. Margaret's Episcopal School/PTF cannot be responsible for accidental exposure to or ingestion of any substance.

Monday

Chicken Tenders, Penne Pasta, Chef Salad, Caesar Salad

Side: Veggies & Dip or Fruit Cup

Dessert: Double Fudge Cookie

Tannins starts the week out serving Chicken Tenders (2 pieces per order) and Penne Pasta with Marinara sauce.

The popular **Wendy's Donuts** will be providing a Chef Salad with turkey, ham, cheese, lettuce, tomato and a Caesar Salad with romaine lettuce, cheese and croutons.

Entertaining with Ease is providing the Double Fudge Cookie.

In-N-Out Burgers will move to Monday and continue to grill burgers for the Upper School.

Tuesday

Italian Sub, Turkey Sub, Steakhouse Beef Dip, Garden Salad

Side: Veggies & Dip or Fruit Cup

Dessert: Rice Krispy Bar

Quizno's is a new vendor offering a 5 ½" Italian Sub with salame, pepperoni, capicola ham, mozzarella cheese, lettuce tomatoes, olives and Italian dressing, a Turkey Sub with turkey, lettuce and tomato and a hot Beef Dip Sandwich with roast beef and mozzarella cheese.

Wendy's Donuts will offer a Garden Salad with lettuce, tomatoes and shredded carrots.

Entertaining with Ease provides the Rice Krispy Bar.

Wednesday

Baja Burrito, Pinto Bean & Cheese Burrito, Chicken Soft Taco, Cheese Quesadilla, Chicken Salad, Chicken Taquitos

Side: Veggies or Dip or Fruit Cup

Dessert: Brownie

Wednesday is **Baja Fresh** day! They will be offering their popular Baja Burrito with charbroiled chicken, melted jack cheese, guacamole and fresh pico de gallo salsa, Chicken Taquitos, Pinto Bean and Cheese Burrito, Chicken Soft Taco, Cheese Quesadilla and a Chicken Salad.

Entertaining with Ease provides the Brownie.

Thursday

Chicken Rice Bowl, Tofu Rice Bowl, Chinese Chicken Salad, Bagel & Cream Cheese w/ Fruit Cup

Side: Veggies & Dip or Fruit Cup

Dessert: Snickerdoodle Cookie

Pick Up Stix will again offer a House Chicken Rice Bowl, and the delicious Chinese Chicken Salad and is adding a House Tofu Rice Bowl.

I Love Bagels offers the popular plain Bagel and Cream Cheese.

Wendy's Donuts provides the Fruit Cup. The Snickerdoodle Cookie is provided by **Entertaining With Ease**.

Friday

Cheese Pizza, Pepperoni Pizza, Chicken Ciabatta Sandwich, Chicken Caesar Wrap, Garden Salad

Side: Veggies & Dip or Fruit Cup

Dessert: Chocolate Chip Cookie

Ballpark continues to deliver hot Cheese or Pepperoni pizzas.

Tannins will add a Chicken Ciabatta Sandwich with grilled chicken breast on a Ciabatta bun with sliced tomato and lettuce and is offering a Chicken Caesar Wrap in a veggie tortilla with grilled chicken, chopped romaine lettuce, and Caesar dressing, also a Garden salad with lettuce, tomatoes and shredded carrots.

Entertainment with Ease provides the Chocolate Chip Cookie.

SPECIAL NOTES:

1. No refunds for absences, retreats, or field trips (this includes service projects, advisory, and sports events).
2. Students will receive only those items for which orders have been made and payment received.
3. Only the student for whom lunch was ordered may receive it. Lunches of absent students will not be given away.
4. We reserve the right to change vendors without notification, as circumstances dictate.

Please Keep Yellow Copy

St. Margaret's Episcopal School/PTF 31641 La Novia, San Juan Capistrano, CA 92675 949-661-4804, ext. 288